

20-21 March 2019  
Date: 1-2 October 2019

## BUILDING A POSITIVE WORKPLACE CULTURE

Time: 9.00 am - 5.00 pm  
Venue: DreamEDGE, Cyberjaya  
Code: SSA2

### OVERVIEW

We spend at least a third of our life, and half of our waking hours at work. It is therefore important to understand our individual contribution to create a positive workplace culture and how to get the best from ourselves, staff and work colleagues.

This course presents new idea and strategies from the field of positive psychology and its application in the workplace. The course will enable participants to gain practical skills in positive leadership and in creating a positive climate to boost well-being, performance and employee satisfaction.

### TARGET

- Everyone in the organisation that needs to apply positive thinking and create a valuable workplace culture.
- Anyone who would like to improve their well-being and engagement at work.

### COURSE CONTENT

- The Tree of Life
- A Transition from Negative to Positive
- Motivation
- Communication Skills
- Organisation Culture

### METHODOLOGY

- Training material : English language
- Lecture : Malay and/or English language
- Activities
- Q&A

### OBJECTIVE

The participant will:

- Know yourself, your attitude and your style of interacting with people.
- Identify factors that influence your attitude, your goals at work and in life.
- Recognise the connection between attitude and success in career.
- Strategies for building positive teamwork.

### LEARNING OUTCOME

At the end of the training, participant will be able to:

- Improve their personality when knowing their attitude when interacting with people.
- Alert and take right action towards factors that give influence on their attitude, goals at work and in life.
- Having positive attitude to perform better at work life.

Organised by



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**NORMAL PRICE**

**RM1,750 Per Pax**

\*closing date : 13 Mar. 2019  
24 Sept. 2019

**EARLY BIRD PRICE**

**RM1,550 Per Pax**

\*before : 13 Feb. 2019  
24 Aug. 2019

**GROUP PRICE**

**RM1,450 Per Pax**

\*min three (3) pax



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